

THE GLASSHOUSE

LUNCH

12pm - 1pm | Mon - Sat

SOUP OF THE DAY

Root vegetable (7, 9)

€5.00

GLASSHOUSE SALAD BOWL

Mixed salad leaves, tomato, cucumber, couscous* salad with balsamic roasted peppers and red onion, carrot and sesame in a french dressing. (1, 10, 11, 12)

Choice of topping

Sticky chilli chicken

Feta and maple pecans (7, 8)

Roasted spiced sweet potato and hummus (vegan) (11)

*Omit cous cous to make all salads gluten free.

€9.50

GOURMET TOASTIES

Pan-fried on sourdough bread and served with salad & crispy fried potatoes

The GH Beef Brisket

Slow cooked beef brisket, caramelized onion jam and cheese (1, 7, 12)

€12.00

Ham & Brie Toastie

Home-baked honey roasted ham, brie and cranberry sauce served on pan-fried sourdough bread (1, 7)

€11.00

Veggie Melt

Pesto, mozzarella, cheddar, roasted peppers and sun-dried tomatoes (1, 3, 7, 8, 12)

€12.00

SANDWICHES AND WRAPS

Lemon Chicken

Lemon chicken with toasted walnut and cranberry in a light Greek yogurt and mayonnaise dressing served on our homemade brown bread (1, 3, 7, 8)

€8.50

Open Sandwich on Brown Bread

Glasshouse brown bread with mayonnaise, lettuce, tomato and onion served with home baked ham or chicken (1, 3, 7, 8)

€8.50

Cajun Chicken Wrap

Soft wrap with Cajun Spiced Chicken, lettuce, red onion, blackened pineapple, maple pecans and peppers with a cajun spiced yogurt (1, 3, 7, 8)

€8.00

Glasshouse Ploughmans

Soft Bacus yeast bread with home baked ham, cheddar cheese, lettuce and tomato relish (1, 7, 10)

€6.50

Chicken Salad

Chicken sandwich, lettuce, tomato, onion and mayo (1, 3)

€6.50

Vegetarian Wrap

Pesto, cous cous, sun-dried tomatoes, fresh mozzarella, house pickled red onion (1, 3, 7, 8, 12)

€7.50

Vegan Wrap

Soft wrap with house made falafels, hummus, sun-dried tomatoes and pickled onions (1, 11, 12)

€8.50

Add crispy potatoes to any sandwich or wrap for €3.00

SEE OUR SPECIALS MENU FOR TODAY'S OPTIONS

Allergens: 1. Cereals containing gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans, 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame 12. Sulphur dioxide and Sulphates 13. Lupin 14. Molluscs

While we take precautions with known allergens and strive to eliminate any cross contamination we cannot guarantee that our products are 100% gluten or allergen free as all food is cooked in the same kitchen. All our fried foods are fried using 100% soya bean oil.

All our beef is 100% Irish. We strive to support local businesses as much as possible and are proud to use produce in our kitchen from: Ashes of Annascaul, Fenit Fruit and Veg, Ardfert Eggs, Iasc Ui Mhathuna, Bacus Bakery, Terry's Butchers.

THE GLASSHOUSE

BRUNCH

9.30am - 11.30am Mon - Fri | All day Sat

CHORIZO HASH

Chorizo, potato and spring onion hash topped with a crispy fried egg and paprika yoghurt served with toast. (1, 3, 7)

€12.00

FULL IRISH OR BRUNCH BAP

Floury Bacus bap with Ashes sausages, rashers and black pudding, fried egg and tomato relish. Served with Glasshouse crispy potatoes. (1, 3)

€11.00

BRUNCH BURRITO

Soft scrambled eggs, smoked bacon, chorizo and pico de gallo salsa, cheese and chipotle mayo. Served with Glasshouse crispy potatoes. (1, 3, 7)

€12.00

VEGAN SKILLET

Mushrooms, courgette, onions, peppers, potatoes, spring onion and vegan sausage topped with salsa. (1, 6, 12) *Vegan*

€12.00

EGGS BENEDICT

Local, free range eggs, poached and served with bacon and hollandaise sauce on Bacus sourdough bread. (1, 3, 7)

€10.00

EGGS ON TOAST

Local, free range eggs, poached or scrambled and served on Bacus sourdough bread. (1, 3, 7)

€6.00

MUSHROOM TOAST

Herby mushrooms with spinach and peanut rayu served on sourdough toast. (1, 6, 8, 11) *Vegan*

€10.00

GRANOLA

Homemade granola with mixed berry compote served with yoghurt and honey (7, 8, 11) *Gluten free*

€5.00

PORRIDGE

Porridge with banana, toasted walnuts, pumpkin seeds and mixed berry compote. (1, 7, 8)

€6.00

VEGAN PORRIDGE

With coconut milk, banana, toasted walnuts, pumpkin seeds and mixed berry compote. (1, 8) *Vegan*

€6.50

GLASSHOUSE FAMOUS BUTTERMILK PANCAKES

Fluffy buttermilk pancakes served with your choice of:

Berries and fresh cream. (1, 3, 7)

€9.00

Grilled bacon and maple syrup. (1, 3, 7)

€10.00

KIDS PANCAKES

Served with a choice of: Nutella *or* Berries and fresh cream. (1, 3, 7)

€6.00

Add-ons:

Bacon - Sausage - Black/white pudding - Egg - Chorizo

€2.50

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